

# TOTAL WINTER WELLNESS

Stock up on our Inner Health supplements to ensure you look, and feel, your very best this season.

FACE		
<b>PhytoExquisites™</b>		
Cleansing Cream	125ml	R305
Floral Hydrating Mist	125ml	R239
Day Cream SPF 30	50ml	R355
Renewing Night Cream	50ml	R355
Facial Essence	30ml	R449
Eye Rejuvenator	15ml	R285
Regenerating Enzyme Gel	50ml	R355
Deep Cleansing Balm	50ml	R355
Calming Melt-in Mask	75ml	R355
Radiant Serum	30ml	R449
Facial Starter Kit		R569
<b>Natural Essence™</b>		
Purifying Cleansing Wash	125ml	R285
Balancing Toner	125ml	R225
Matifying Day Cream SPF30	50ml	R315
Clarifying Exfoliant	75ml	R315
Rescue Clay Mask	75ml	R315
Skin Life Oil	30ml	R405
Clearing Lotion	30ml	R199
Clear Skin Complex tablets	60	R285
Facial Starter Kit		R539
<b>Speciality</b>		
7-Day Peel	7x7ml	R505
Brightening Enzymatic Resurfacer	50g	R355
Collagen Boosting Serum	30ml	R449
Day Time Lift & Firm Serum	30ml	R379
Glow vegicaps	30	R315
Hyaluronic Acid Complex	30ml	R449
Hyperpigmentation Complex vegicaps	30	R315
Midnight Recovery Elixir	30ml	R379
Skin Insurance SPF50	50ml	R319
Skin Tone Corrector	30ml	R445
White Jasmine Facial Essence	30ml	R435
Youth Oil	30ml	R379
<b>Make-up</b>		
Satin Smooth Wrinkle Minimiser	30ml	R269
Flawless Finish Primer	50ml	R305
Triple Volume Mascara	8.5g	R229
High Definition Mascara	8.5g	R229
Easy Glide Eye Liners (Black, Midnight Blue or Warm Brown)		R209 each
Chubby Lip Pencils (iced Mocha or Cinnamon Sun)		R209 each
Vanilla Mint Lip Saver	20ml	R199
<b>HANDS &amp; NAILS</b>		
<b>Nail care</b>		
Nail Buffer Kit		R239
Glass Nail File in case		R219
Matrix Oil	10ml	R209
Cuticle Cream	20ml	R169
Vitamin Pills	120	R269
<b>Smoothing</b>		
Exfoliating Cream	100ml	R229
<b>Moisturising</b>		
Ultra Rich Shea Butter Beauty Sleep	75ml	R199
Perfecting Cream SPF30	75ml	R239
Repair Cream	75ml	R199
Refining Balm	75ml	R199
Treatment Cream & disposable gloves	100ml	R229
Replenishing Serum	30ml	R279
<b>Cleansing</b>		
Nurturing Hand Sanitiser	200ml	R209
<b>FEET</b>		
<b>Deodorising</b>		
Spa Additive	250g	R219
Spa Additive	450g	R349
Moisturiser	125ml	R229
Deodorising Powder	100g	R195
<b>Smoothing</b>		
Scrub Stone		R179
Exfoliator	125ml	R249
Overnight Balm	125ml	R229
<b>Cooling</b>		
Cooling Spritzer	100ml	R229
Revitaliser	75ml	R189
<b>Therapeutic</b>		
Massage Oil	100ml	R259
Relaxing Treatment	100ml	R229
Elixir	10ml	R185
Thermal Relief	50ml	R209

<b>Energising</b>		
Energising Cream	75ml	R199
Energising Oil	50ml	R209
Leg Energiser vegicaps	30	R259
<b>BODY</b>		
<b>Cellular Boost</b>		
For Neck & Bust	100ml	R239
Tissue Oil for Breasts	50ml	R219
Perfect Endings Bath Crème	250ml	R229
<b>Destressing</b>		
Bath Crystals	250g	R219
Cleansing Gel	200ml	R219
Massage Bar	180g	R149
Massage Oil	100ml	R259
Massage Oil	150ml	R368
Treatment Cream	75ml	R219
Temple Balm	15ml	R179
<b>Dusk to Dawn</b>		
Spritzer	100ml	R189
Massage Oil	50ml	R209
<b>Everyday</b>		
Feminine Body Wash	175ml	R219
Rejuvenating Scrub	150ml	R249
Daily Moisture Repair	125ml	R239
<b>Fresh</b>		
Probiotic Deodorant	50ml	R169
Deodorising Body Powder	100g	R205
<b>Harmonising</b>		
Bath Crystals	250g	R219
Cleansing Gel	200ml	R219
Massage Bar	180g	R149
Mist	50ml	R189
<b>Rehydrating</b>		
Rehydrating Balm	150ml	R239
Rehydrating Bath	125ml	R229
Natural Tissue Oil	100ml	R259
Natural Tissue Shower Oil	250ml	R269
<b>Sun protection</b>		
Skin Insurance SPF50	50ml	R319
Protective SPF20 Lotion	150ml	R259
After Sun Nourishing Balm	150ml	R239
After Sun Soother	100ml	R219
<b>Vanilla Cashmere</b>		
Bath Crystals	450g	R349
Cleansing Gel	200ml	R219
Body Cream	125ml	R239
Massage Oil	100ml	R259
Fragrant Mist	100ml	R205
<b>SHAPE</b>		
<b>Cellulite Control</b>		
Pamplousse Cleansing Gel	200ml	R219
Deep Tissue Anti-Cellulite Oil	50ml	R209
Upper Arm & Leg Contour Gel	150g	R239
Cellulite Control vegicaps	60	R279
<b>Detox</b>		
Skin Stimulator – oval		R229
Skin Stimulator – rectangle		R229
Detox Cleansing Gel	200ml	R219
Detoxifying Toning Oil	100ml	R259
Digestive Aid Massage Oil	50ml	R209
Colon Cleanse vegicaps	60	R279
Detox & Gut Repair vegicaps	30	R259
Super Fat Burner vegicaps	60	R329
<b>HAIR</b>		
<b>Repair + Rescue</b>		
Rebalancing Shampoo	200ml	R219
Natural Treatment	125ml	R219
Deep Strengthening Hair Repair Mask	125ml	R219
Hot Oil Hair Repair	50ml	R219
Scalp Vitaliser		R199
<b>Clear Scalp</b>		
Clarifying Shampoo	200ml	R219
Recovery Mask	125ml	R219
Clear Scalp Tonic	50ml	R219
<b>Growth Plus</b>		
Stimulating Shampoo	200ml	R229
Resilience Conditioner	125ml	R229
Regrowth Plus Concentrate	50ml	R229
Extra Strength Scalp Stimulant	30ml	R249
Scalp Vitaliser		R199
Hair Vitality vegicaps	60	R279

NATURAL PHARMACY		
<b>AromaRemedies</b>		
Appetite Suppressant	10ml	R169
Breathe Easy	10ml	R169
Energy Lift	10ml	R169
I am Calm	10ml	R169
Study Aid	10ml	R169
Well Women AromaRemedy Oil	10ml	R169
<b>Breathe Easy</b>		
AromaRemedy	10ml	R169
Bath Crystals	450g	R349
VapoRub	60ml	R249
<b>ImmuBoost</b>		
Massage Concentrate	50ml	R209
<b>Joint Support</b>		
Joint Support tablets	60	R329
Joint Therapy massage oil	50ml	R209
<b>Menopause</b>		
Hot Flash Cooling Mist	100ml	R205
Menopause Transition Massage Oil	50ml	R209
Menopause Treatment Cream	75ml	R219
Menopause Support Vegicaps	30	R259
Well Women AromaRemedy Oil	10ml	R169
<b>Resistance</b>		
Bath Crystals	450g	R349
Dispersing Bath Oil	100ml	R259
<b>Sleep Easy</b>		
Sleep Easy vegicaps	30	R259
Sleep Easy Pillow Mist	100ml	R205
<b>Supplements</b>		
Brain Food vegicaps	30	R259
Cellulite Control vegicaps	60	R279
Clear Skin Complex tablets	60	R285
Colon Cleanse vegicaps	60	R279
Daily Omegas softgels	30	R259
Detox & Gut Repair vegicaps	30	R259
Glow vegicaps	30	R315
Hair Vitality vegicaps	60	R279
Hyperpigmentation Complex vegicaps	30	R315
Joint Support tablets	60	R329
Leg Energiser vegicaps	30	R259
Menopause Support vegicaps	30	R259
Sleep Easy vegicaps	30	R259
Super Fat Burner vegicaps	60	R329
Vitamin Pills for Nails	120	R269
<b>MEN</b>		
<b>EnneaEssence™</b>		
Everyday Facial Wash	125ml	R249
Ultra Calming Shaving Cream	125ml	R209
Hydrating Lotion SPF 15	50ml	R309
Recovery Treatment	30ml	R369
<b>Sport</b>		
Spa Additive Sportswash	200ml	R219
After Sports Massage Oil	100ml	R259
Muscle Recovery Gel	125ml	R229
<b>FRAGRANCES</b>		
<b>For her</b>		
Chypre	50ml	R519
Foliage	50ml	R519
Intuition	55ml	R519
Intuition Dusting Powder	100g	R369
Intuition Bath & Shower Gel	200ml	R219
Intuition Body Lotion	75ml	R199
PhytoExquisites™ Pure Parfum	10ml	R269
Silhouette	40ml	R519
<b>For him</b>		
Amalfi for Men	50ml	R519
ODD pour Homme	50ml	R519
Legend for Men	50ml	R519
Legend Aftershave Treatment Balm	50ml	R289
<b>BEAUTY WITHOUT CRUELTY</b>		
The testing of cosmetic products on animals in South Africa has been banned since 2009 but, even before that, SH'ZEN's policy was never to conduct any animal testing on any of its products, or the ingredients contained therein. Given that the testing of cosmetic products on animals is now illegal, certification is no longer given to confirm this fact.		

