



FOOT DOCTOR

A potent natural treatment oil, **The Elixir for feet** (10ml) helps to relieve foot infections and ease the pain caused by ingrown toenails, athlete's foot, gout and arthritis.

"This is a lifesaver in a bottle. It can be used to solve any problem, from the pain of ingrown toenails to cuts and bruises. Everyone should give it a try." – Priya



ONLY R129
SAVE R56

POWERFUL HEALERS

- **Cajeput** helps with pain relief and is useful in treating gout, rheumatism, arthritis and general muscular aches.
- **Niaouli** relieves the pain of rheumatism and neuralgia and is a natural disinfectant that fights fungal infections.
- **Tea tree** helps to clear up fungal, bacterial and viral infections, treats athlete's foot and nail infections.
- These are blended into a base of nourishing **Almond**, **Wheatgerm** and **Evening Primrose** oils that work to condition and regenerate skin.

INSTANT PAIN RELIEF

The **Thermal Relief for feet** (50ml) delivers an alternating cooling and warming sensation to bring instant relief to tired, sore muscles.

2 FOR R209
SAVE R209



Excellent for anyone who suffers with poor circulation.



ARNICA
soothes sprains, reduces bruising and helps to relax tense muscles.



CAPSICUM
warms the skin, increases circulation and reduces chronic pain.



CINNAMON
is antiseptic, good for minor cuts and bruises, and helps to ease cramps.



ELEMI has both analgesic and antiseptic properties and imparts a feeling of peace.



MENTHOL cools the skin, has antiseptic properties and helps to relieve muscle pain.